Aperitivi

APEROL SPRITZ 9

Aperol, prosecco and soda

CAMPARI SPRITZ 9

Campari, prosecco and soda

HUGO 8.5

Elderflower cordial, mint, prosecco and soda

NEGRONI SBAGLIATO 10

Campari, martini rosso and prosecco

LIMONCELLO SPRITZ 10

Gin, limoncello, sugar syrup and prosecco

Maialetto Arrosto alla Sarda

One of Sardinia's most famous and popular dishes.

Traditional Slow-Cooked Roast Suckling Pig

Once considered a dish only for special occasions, it is perhaps the best known of all the traditional Sardinian dishes, undoubtedly due to it's sweet and unique flavour.

Served Sardinian style in the middle of the table, to share, with roast potatoes, salad and bread



For more information, please get in touch with us at info@fratelliponteland.co.uk

lo@natemponteland.co.uk

Pre-Order Required

Please Note:

All dishes are prepared to order and therefore may take some time to cook.

If you have an allergy to any particular ingredients please let us know however we are unable to guarantee the complete absence of allergens in our menu items due to the open nature of our kitchen. Allergen Menu available upon request.

All prices include VAT.

An optional 10% gratuity is added to all bills and 100% of tips are split between the members of staff on duty.

Sunday Lunch

AVAILABLE:

Sunday: 12pm 'till it's gone! (main menu also available)

Starter

FUNGHI ALL'AGLIO v

Sautéed garlic mushrooms on toasted Altamura bread

COCKTAIL DI GAMBERI

Traditional prawn cocktail in marie rose sauce

INSALATA TRE COLORI V

Tomato and mozzarella with basil oil

CALAMARI FRITTI

Squid with garlic mayo

Main Course

TRIO OF MEATS

Includes our slow cooked rump of beef, roast belly pork and roast supreme of chicken (£5 supplement)

CONFIT LAMB

ROAST SUPREME OF CHICKEN

SLOW COOKED RUMP OF BEEF

Served pink

ROAST BELLY PORK

(Above served with seasonal vegetables, roast and mash potato, gravy and a Yorkshire pudding)

Dolci

CHOCOLATE BROWNIE

Served with vanilla ice cream

TIRAMISU

STICKY TOFFEE PUDDING

Served with vanilla ice cream

VANILLA CRÈME BRÛLÉE

Served with berries and biscuits

VANILLA CHEESECAKE

Served with raspberry coulis

1 COURSES 19.5 | 2 COURSES 24.5 | 3 COURSES 29.5

Sides

MASH POTATO 4.5
ROAST POTATOES 4.5

YORKSHIRE PUDDING 1.5
CAULIFLOWER CHEESE 4.5

MIXED VEGETABLES 4.5 Extra Gravy Available



Main Menu

Stuzzichini

MARINATED OLIVES v 4.5

FOCACCIA v 6.5 Flatbread with olive oil, salt and rosemary

PIZZA GARLIC BREAD v 6.5

with tomato 7 with cheese 7 with tomato and cheese 7.5

PANE ITALIANO v 5.5

Selection of Italian breads

BRUSCHETTA CLASSICA V 8.5

Toasted bread topped with marinated tomatoes

BRUSCHETTA MISTA 9.5

Trio of toasted bread topped with marinated tomatoes, soft pecorino cheese and nduja

Antipasti

SALSICCIA CON SPINACI Pork and fennel sausage with spinach and chilli	8.5
CAPESANTE AL FORNO Roasted scallops with olive oil, garlic and chilli topped with breadcrumbs	14.5
BURRATA Soft centred burrata mozzarella with tomatoes, marinated roast red peppers and extra virgin olive oil	11.5
MOZZARELLA IN CARROZZA V Fried mozzarella in breadcrumbs with a tomato and basil sauce	9.5
ZUPPA DEL GIORNO Soup of the day served with Altamura bread (see server for today's option)	7.5
PROSCIUTTO CAPRESE Cured ham, bufala mozzarella and sun blushed tomatoes	10.75
FUNGHI ALL'AGLIO V Mushrooms sautéed in a garlic butter sauce on toasted Altamura bread	9.5
CALAMARI FRITTI Squid with garlic mayo	10.5
SALMONE AFFUMICATO Smoked salmon, shallots, capers and lemon served on toasted Altamura bro	12.75 ead
GAMBERONI TEMPURA Tempura king prawns with sweet chilli	13.75
GAMBERONI ALL'AGLIO / ARRABBIATA King prawns in parsley, garlic and chilli or a spicy tomato sauce	13.5
PANCETTA DI MAIALE CROCCANTE Crispy belly pork pieces with marinated artichokes drizzled in spicy nduja	9.5
COZZE ARRABBIATA / MARINARA Mussels in a spicy tomato sauce or a white wine, parsley and garlic sauce se toasted bread	10.5 rved with
POLPETTE CON POMODORO Meatballs in napoli sauce served with toasted	bread 8.5
BUCCE DI PATATE V Potato skins with garlic mayo and bbq dip	8

FRITTURA DI PESCE

Per Person 15

Deep fried calamari, prawns, seabass, whitebait, scallops and zucchini served with tartare and sweet chilli sauce

ANTIPASTO DI TERRA

Per Person 13.5 A selection of mixed Italian and Sardinian meats and cheeses, olives, marinated artichokes and Sardinian pane carasau

Insalate

$\begin{tabular}{ll} INSALATA DI CARCIOFI V Artichokes, cherry tomatoes, walnuts and torn burrata with an olive oil, dill and lemon dressing \\ \end{tabular}$	Sml 9	Lrg 16
INSALATA CAESAR Grilled chicken with romaine lettuce, croutons and grated parmesan in a classic caesar dressing	Sml 10	Lrg 18.5
INSALATA MISTA Mixed lettuce, red onion, tomatoes, cucumber and parmesan shavings with an olive oil and balsamic vinegar dress		Lrg 10.5

Pasta

MALLOREDDUS ALLA CAMPIDANESE Sardinian pasta shells with sausage, tomatoes, onion, saffron and pecorino PENNE FRATELLI Chicken, basil, pesto, toasted pine nuts, mascarpone, cream and parmesan SPAGHETTI CON POLPETTE Spicy pork and beef meatballs in napoli and parmesan sauce
Chicken, basil, pesto, toasted pine nuts, mascarpone, cream and parmesan SPAGHETTI CON POLPETTE 15.73
PAELLA ALGHERESE Sardinian style paella (risotto-like) with chicken, salami, prawns, mussels, cherry tomatoes, peppers, peas and saffron
LASAGNE AL FORNO 15.95
FETTUCCINE PRIMAVERA V Courgettes, cherry tomatoes, garlic and basil 14.75
FETTUCCINE MARE E MONTI Tiger prawns, pancetta, mixed mushrooms, cherry tomatoes, garlic and chilli
CANNELLONI V Oven baked cannelloni filled with ricotta and spinach in a tomato sauce with béchamel and mozzarella
RISOTTO SALSICCIA E FUNGHI Italian sausage, mixed mushrooms and saffron 16.5
FETTUCCINE CON GAMBERETTI King prawns, tiger prawns, broccoli and a touch of cream
SPAGHETTI SCOGLIO Mussels, king prawns, tiger prawns, chilli and tomatoes 20.5
RISOTTO CON GAMBERI Prawns, mussels and courgettes 19.5
FETTUCCINE SALMONE Smoked salmon, peas, tomato and cream 18.5
SPAGHETTI CARBONARA Pancetta, egg yolk, pecorino romano, black pepper and cream

PENNE FRANCO Chicken, mushrooms, garlic, tomato, cream and parmesan

16.5

Gluten free pizza and pasta available £2.50 supp. Extra toppings from £1.50

Pizza Topped with tomato and Fior di Latte mozzarella (unless specified)

MARGHERITA V Oregano	14
SALSICCIA Grilled pork and fennel sausage	15
KIEV Chicken, mushrooms and garlic	15.5
ROMANA Ham, spicy sausage and chicken	15.75
ORTALANA V Courgettes, peppers, artichoke and mushrooms	14.5
TRE COLORI v (no Fior di Latte) Bufala mozzarella, peppers, spinach and extra virgin olive oil	14.5
CAPRICCIOSA Ham, mushrooms, artichokes and olives	14.25
AMERICANA Peppers, spicy sausage, red onion and fresh chilli	15.95
DIAVOLA (no Fior di Latte) Bufala mozzarella, fresh basil, spicy sausage and nduja	15.5
CALZONE CLASSICO (folded) Ham and mushrooms	17
CALZONE RUSTICANO (folded) Salami, ham, spicy sausage and nduja	17.5
BIANCA (no tomato) Whole burrata, speck, rocket, shaved pecorino and drizzled with extra virgin olive oil	17
PIZZA FRATELLI Cured ham, rocket and parmesan shavings	17.5
FRUTTI DI MARE Squid, mussels, tiger prawns and chilli	18.5

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Carni, Polli e Pesci

POLLO VALDOSTANA Flattened breaded chicken breast topped with ham, mozzarella and napoli sauce served with handcut chips	24.5
POLLO ALLA CALABRESE Pan fried chicken breast with a spicy nudja and tomato sauce served with steamed rice	22.5
POLLO ALLA ZAFFERANO Chicken breast with sautéed wild mushrooms, pancetta, saffron and cream served with a choice of side order	24.5
AGNELLO TOSCANO Lamb cutlets served with sautéed potatoes and a red wine, rosemary and sun blushed tomato sauce	29.5
BRANZINO AL GONDOLIERE Pan fried fillet of seabass with king prawns, chives and chilli butter served with saffron potatoes	27
PESCE SPADA IN PADELLA Pan fried swordfish with aromatic herbs served with mixed salad	24
ZUPPA DI PESCE ALLA SARDA Sardinian broth with mixed fish and shellfish, flavoured with tomato, lemon ze thyme and chilli served with toasted bread	29 est,
SALMONE MEDITERRANEO Pan fried salmon with fresh tomatoes, olives and capers served with sautéed spinach	27
SALSICCIA AROMATICA Grilled pork and fennel sausage served with grilled vegetables and potatoes	21.5
SALTIMBOCCA ALLA ROMANA Sliced veal with cured ham in a white wine, sage and butter sauce served with sautéed potatoes	27
SCALOPPINE SIGNOR SASSI Veal cooked in a cream, brandy, mustard seed and mushroom sauce served with steamed rice	28.5
VITELLO ALLA MILANESE Pan fried breaded veal served with fries and salad	27.5
GAMBERONI ALL'AGLIO / ARRABBIATA King prawns in parsley, garlic and chilli or a spicy tomato sauce served with steamed rice	29.5
TAGLIATA DI MANZO Sliced 8oz fillet steak with a rocket and cherry tomato salad with parmesan shavings and drizzled with olive oil	35

dalla Griglia

Served with grilled tomato, mushrooms and onion rings. Steaks aged 28 days.

RIB-EYE STEAK 10oz	29	POLLO E ROSMARINO Grilled chicken breast with rosemary	18
FILLET STEAK 802	33	VEAL ESCALOPE	
BISTRO RUMP STEAK 10oz	22		24
MARE E MONTE 8oz fillet steak, 3 king prawns and	45	AGNELLO Grilled lamb cutlets with rosemary and thyme	27
zucchini fritti with garlic butter		SWORDFISH	22

Le Salse 3.5 Each

al Pepe • Arrabbiata • Dianna • Crema e Funghi • all'Aglio Dolcelatte • Bone Marrow (+50p)

Contorni

FRENCH FRIES V	4.5	GREEN BEANS V	4.
HANDCUT 'CHUNKY' CHIPS v	4.75	With butter and onions	
HANDOOT CHONKT CHITSY	4.70	SAUTÉED SPINACH V	4.
SWEET POTATO FRIES V	4.75	With garlic and chilli	-
ONION RINGS V	4.5	SAUTÉED POTATOES With pancetta onion and rosemary	